"The first week or so after I began

ffice housework I would be all aches

night from the unwonted exertion. But

find I can do more with less fatigue all the

time as the muscles get accustomed to the

demand, and moreover my health is better

Being systematic and responsible, the good

nmendation for getting her new patrons

character of this girl's work is its own rec-

have so developed the business that she

will be operating a bureau of office cleaners, all efficient helpers. The ranks of the pro-

fessional and clerical helpers being over-

crowded and capable practical workers be-

ing scarce, she thinks there is a good chance

for educated girls in this department of

housework, in which they can combine busi-

When You Go to Europe.

and even my eyes are recovering



ILLUSTRATED FASHIONS



EARLY there are shown new tricks contrasts spring and summer spring's showing is extremely interesting. In many cases the dash of color is delicate, but something of the sort is especially desirable, owing to the many all-white get-ups, and the different ways of managing color effects are very numerous. Some new materials include the colthe weave.

and in many of the tints are exquisite. One of the very pretty ones is embroidered figured volle. The weave is that of plain voile, but tiny dots of color are embroidered on. A beautiful example of this was in a tan shade, and the embroidered dots were a darker tan, pink and green. These three shades are very handsome together, and are to be recommended because a material of this sort gives such a wide choice for the color to make the goods up with. Figured chiffons and grenadines have their own dainty ways of introducing color, and embroidered French mulls may be had set off by any fashionable shade. Swiss cotton materials have delicate vines of color thrown on them, as well as dots, and the dots may be of different sizes on the same material. After studying such fabrics, it seems as if the new goods were so dressy of themselves that it would be almost impossible to add much trimming, but wait till the dressmaker is done with the gown and there will be a pretty bill to pay for its decora-

One of the things to which you must give great care these days is the lining. Many thin China and Japanese silks are used, and often in evening gowns chiffons and materials of their weight serve as linings. It is no wonder that the gowns are light with such linings. For the most part white thin gowns are made over white, but occasionally the foundation is colored. The shades employed for the purpose are delicate. A light green is effective, looks very dainty when veiled and has a cool look that is especially attractive for summer. Using color in this way may be overdone. Take, for instance, a white grenadine made over yellow and trimmed with wreaths of very fine pink roses. This did not seem quite right, though it was not a very horrible example. In attempting these risky combinations care must be taken in the selection of shades, and the different goods should always be examined by electric and gas-

ficial light. length or part of it. Some new skirts are | bined oddly the new blouse effect, surplice | circular cut insuring perfect fit. Skirts of ing tucking and gray lace insertion. A tickets than there are men. This comes of narrow and utterly lacking in curves, and all-over embroideries made in this way are dressmaker, in showing such a model to a the fact, however, that men are less likely

were intended to come to it but, by a

take in cutting, fell short of it. of these fancies and suggest other new no- black panne velvet. tions that have not had mention here. In dresses, and this the initial is seen a jacket that some prefer to the more abbreviated boleros. This | WOMEN KNOW HOW TO TRAVEL was tan cloth stitched in black silk and was with black panne velvet girdle. The outside two figures of the first group show examples of the gowns that are better for tall, slender figures, but whose stylishness | Chicago Tribune. is so great that they will be risked by stouter women. The first was natural col- less money and with fewer questions than ored pongee, trimmed with antique lace of a man," says Station Master Swarthout, of the same shade and with black silk orna- the Northwestern terminus in Chicago, and ments. The other was black chiffon velvet he has had wide opportunities for observaand insertions of black bruges lace over | tion. "Not only this, but excepting for the white silk. This black lace on black goods | necessities of business, which call upon is a stylish trick, the white or faint color | men to travel more than upon women, the beneath the lace giving it a distinct char- average woman of to-day is a wider and acter. The model between these two is of in- better traveler than the man. A woman terest because of its jacket. Its components | will enjoy travel where the man will be were coffee-colored voile, narrow passemen- | tired and bored, and yet the man will spend terie in embroidery design and wide passe- | twice the money in the effort to make himmenterie in set design. Many comparatively | self comfortable."

caught down with coarse blue silk floss, and a fancy design in the floss was worked on the cuffs. There is no limit to the work that can be put into a gown by such manner of treatment.

Many long tab ends appear as trimming, showing on the fronts of coats or as belt ends. Often these are panne velvet, which is so light in weight and so silky these days that it is exquisite for summer. These ends may be decorated with dainty lace medallions. If only these medallions appear in the lace it is necessary that they should be of the finest quality. There is nothing that The accompanying pictures illustrate some | sets off a lace medallion better than does New York, May 1.

Enjoy It More than Men, but Are Far More Economical.

"A woman can travel in more comfort fo



THE STYLISH WHITE WRAP AND A BRAND NEW BLOUSE.

light before choice is settled on finally. It showy cut or finish and thus are rendered the last ten years as in suburban traffic

is a mistake, sometimes a mortifying one, dressy in appearance. The really dressy out- into Chicago. It has been estimated that to think because a combination looks well side garment for summer is likely to be 35 per cent. of the commutation monthly in the daytime it will be all right by arti- white. So far as models now indicate they | tickets sold by the Northwestern road are will be remarkably numerous. The artist | sold to women, and this proportion holds The variety of ways in which skirts may pictures one here-a white etamine loose good on many other lines into the city. As be trimmed leaves room for every one to be wrap finished with insertion, embroidery a commuter the woman traveler shows to suited. If one desires to add height to the and black silk cord. Some of this year's poorest advantage. She is more likely to figure, she may use lines of insertions blouse fronts stick out surprisingly. It is as miss a train than is a man; she carries going up and down the skirts, and the yoke if the exaggerated extensions below the more parcels than a man, and she loses at the top of the skirt cut in one with the | waist that prevailed two summers ago were | four times as many of them in transit; she front breadth gives fine long lines and is made up for by building out straight in loses pocketbooks in the proportion of five very stylish. Then, if a slender woman de- front. This notion appears variously, nov- to one lost by a man, and when she has sires to make herself look a little stouter, elty-even oddity-being sought after. Be- lost a purse, with her money and her ticket she can have her skirt trimmed round with | cause of this search for unusualness the | in it, seeing all hope of getting home again the circular insertion, or she can have it | model the artist reserved for her last sketch | cut off, her actions are best described as cut into ruffles or flounces for the whole | would be deemed a fine success. It com- "going up into the air." Judged by the occupants of the railway made in three flounces of the same width finish and bertha, and had a deep yoke be- station waiting rooms in Chicago, there made in three flounces of the same width finish and bertha, and had a deep yoke be- station waiting rooms in Chicago, there sons without a pound of flesh upon the and with comparatively little fullness, their sides. Gray volle was its stuff, the yoke be- are more women travelers on through bones and with a figure that is long and

outgoing train; there are other attractions for them in the city, and, being less tolerant of a condition of boredom than are the Owing to this some of the largest eaters women, they leave the stations. Again, are the thinnest people. women are better provided for in the waiting rooms of the railway stations in Chi- the reason is further to seek. The food does cago; they have rest rooms provided with | not assimilate as it should. Often it does couches, all the appurtenances of the toi- the time. Yet the more they eat the thinlet, and, in general, they have more at- ner, apparently, they grow. tention from porters and station ushers | than do the men.

has done so much toward making travelers of women. The American woman not only are those who have quick, jerky ways, as is sure of consideration on the part of all | though on spring. make things easy and pleasant for her. By reason of her temperament the aver- pints, of water a day, or its equivalent in age woman has the disposition to travel fluids. pleasure for her to put up luncheons to be eaten on the way. A few bundles more or ference to her. In traveling she has an eye a chair car, wakeful, and suffer from a the \$2 that a berth in a sleeping car will cost. Then, with a cup of hot coffe from some way station, she will make a cold luncheon appear more attractive to a male passenger than anything he got for his dol-

knows more than the average man, taking one thing with another," insists Stationmaster Swarthout. "Most men on a railroad trip are extravagant. They are disposed to search themselves to see if they are wholly comfortable, while the woman as a rule, takes the position of minimizing such discomforts as are real. Most of her discomforts, however, may be lessened by her own ingenuity and without cost to her. "As to the woman traveler, however, trainmen are disposed to criticise her in regard to her occupation of toilet rooms in men of to-day had a suggestion to press to massage the bust violently that one home to the woman traveler it would be was of thinnest handkerchief linen, with effect in a gown's decoration need not fail upon this head. Some of the most generous and hospitable women in their own homes are utterly regardless of their fellow-women travelers when they have locked themselves in the toilet rooms and become busy with curling tongs. Men are more considerate under like circumstances, probably

> fellows and the growing appreciation of the necessity of concessions. The Sick Child.

> because of their wider mixing with their

He. the tyrant, whimsical, With the round world for his ball, In a dreadful patience lies. Old since yesterday and wise. Like a martyr on the rack

Smiles, his soft lips burnt to black, While the fever still devours His small body, sweet as flowers. Dreadful patience like a sword

Little services he pays With his kisses and his praise, While his eyes ask pardon still

In his cheeks blown high and higher, Give me back my boy, I pray, Turbulent, of yesterday.

VARIOUS WAYS BY WHICH A GIRL MAY DEVELOP HER CHEST.

Rose Wedding for the Girl Who Weds in June-Pretty Girls in Europe-Odds and Ends.

The girl who is fond of hard work can increase her chest measurement with an exerciser, says the New York Sun. This is a simple thing made of ropes, a pulley and a pair of handles. Still simpler is it to attach handles to long strips of elastic which are fastened to the wall in such a manner as to permit the health seeker to pull them and stretch them and so develop the arms, the chest and the bust.

The girl who practices with one of these every day will grow very strong in her back and will become rather large in the hips; for this particular form of exercise, while it makes the waist small, at the same time is said to develop the hips, even while it develops the bust.

Another exercise to enlarge the chest is found in blowing the horn. The summer girl can stand upon a hillton and "wind the mellow horn" to her heart's content, sure all the time that she is improving her figure. It makes one breathe deeply to blow the horn, and it certainly tends to encourage the habit of steady abdominal breathing.

The horn should be a small one that blows easily, for the girl must by no means strain her lungs. There is this in horn blowing that, while very beneficial to the figure if practiced in moderation, it is injurious if carried to excess.

If the horn be one that does not blow easily, if it be one that is heavy to hold, if it be a horn that does not fit the mouth, making it an effort to blow, there is more harm than good from the exercise.

Another exercise for the narrow-chested is that of bubble blowing, and here the girl who wants to be full chested can be either a summer girl or a winter girl, for she can blow bubbles in the house or out of doors.

It is best in all lung exercises to have the open air. The breathing will necessarily be deep and the lungs must be filled again and again with the full deep respirations that are known to those who exer-

But, if the air that is taken into the lungs be impure, if it has been breathed by other persons, if it be air that is germ laden or laden with floating particles of dust, then the lungs are injured, for there is taken into them great gulps of the most objectionable material. Outdoor air is not always of the best

either, and the one who is exercising must use a great deal of judgment in deciding upon the kind of air in which to perform her gymnastics. Shouting, which used to be one of the

methods of developing the bust, is now de-clared injurious. Singers, to be sure, are usually full in the chest. But singers usually stand correctly, they exercise intelligently and they use the arms a great deal. They play the piano and make gestures, and so, in their own way, perform the very exercises which are recommended to the girl who wants a good bust. Bubble-blowing is practiced by girls who want the wide, full front measure, and the

bubbles are not blown conventionally, but in odd ways. Bubble-blowing, when one lies across a table with the feet in the air, is a thing that may seem difficult. But it is an exercise that is highly recom mended. It strengthens the back and makes the erect carriage easier, and it at the same time forces one to breathe deeply.

Another bubble exercise is that of lying

on the back and blowing the bubbles. And

when tired out the bubble blower can seat herself and continue to blow. Bubble-blowing is particularly recommended for the chest because of its delicate requirements. The gentle but deep respirations, expelling the air from the lungs slowly, but thoroughly, will in the long run de-

velop the chest.

Nor does it take so very long. For by the time a woman has practiced the exercises a week she will notice some improvement, and in a month it will be quite apparent. In two months she will be full in the chest unless she is one of those exceptional perin six months she will be well developed. The woman who has reached maturity and who is flat in the chest can make up her mind that there is something wrong with her constitution. Very many people have a system which does not assimilate its food.

The old back-country saying is that it makes them thin to carry all they eat. But

Very nervous people are generally thin. Their food does not go to fat, but is required for the nerve supply. Hysterical women It is this special attention paid to women | are generally of the thin order, and all by the porters and employes in general that | chronic worriers are thin. Women who eat

men traveling in public conveyances, but Such people should study how to make on the part of railway employes everytheir food digest properly. They should where there is a uniform disposition to eat simple, rational meals and should drink the ordinary supply, not less than three

and find pleasure in it. The fact that she | Tea and coffee will do not special harm lives more or less a shut-in life makes the unless they are injurious to the system. And in this respect there is such a thing as She is especially at home in the business | an idiosyncrasy that must be recognized. of packing trunks and valises. It is a | What is one woman's meat is another woman's poison.

If the woman who is flat in the chest simless to the credit of company make no dif- | ply because she is too thin will consider these few rules she can rely upon securing to economy more than to the comforts that | an improvement in her appearance. Let money will buy en route, and in the exer- her look to her digestive organs. If she cise of economy she finds another element has a weak stomach or is troubled with of satisfaction. She will sit up all night in | poor digestion she must remedy it at once. Dyspeptics stand forward with the shoulheadache all the next day, simply to save | ders drawn in, the chest contracted and the ston ach slightly raised. It is painful for them to stand perfectly straight.

Let the dyspeptic go without meat for a while, or let her eat it only once a day, and let her be sure that she has no sore or aching or defective teeth to embarrass her, for half the cases of indigestion are caused by poor teeth. Then let her drink plenty of cool, not cold, water, and let her try her very best to stand straight, for the stomach is weak and the shoulders are in a chronic state of slump

Then, let the girl with the narrow chest get out into the air and exercise. She can scarcely take too much exercise as long as she does not tire herself. About massaging the chest, there are some discussion and much difference of applied to the chest will increase the size sleeping cars and parlor cars. If the train- of the bust. But it is so highly injurious

> hesitates to recommend the application of If the oils and creams are applied in such a manner that they will sink into the skin, then the results are very good. Cocoanut oil is excellent and so is the pure oil of worthy the meditation of woman. sweet almonds. Vaseline is good, but it must be heated and used while warm. A flannel can be spread over the chest. Even lard, melted and scented, is very good for

There is really no reason why any woman should be flat in the bust, and, if she will study her own case a little, she can round out and be as full as the most Gibsonesque of girls.

A Rose Wedding.

Housekeeper Magazine.

The main thing was that there were to be no bridesmaids-that is, no regular bridesmaids. A dozen little girls, all friends of the family, had been chosen, and these were formed into a "guard of honor" around the bride. They were dressed alike in dainty lace frocks, made low-necked and short-sleeved and on perfectly simple lines, with no ornament other than that afforded by two long streamers of narrow pink satin ribbon, floating from the left shoulder, where they were caught under a rosette of pink tulle. Rosy under-frocks shone through the lace, and soft-brimmed white hats wreathed in pink roses crowned each dainty little face, about which the hair had been brushed in a fluffy mass. Six little girls marched in front and six behind the bride, and the most original of her six married sisters, if she had so kind.

touch of all was given in the long chains many? "More are the children of the spin- "Do I get tired?" she repeated, with an firm. Turn out on a hot platter and set of pink rosebuds, held by the children and ster than of the married wife," saith the expressive gesture. "Indeed, yes. But it's to the table garnished with crisp parsiey.

inclosing the bride, who walked alone, her own face looking like the queen rose of the bouquet. Just at the chancel rail the little chain-bearers separated, gathering their rose garlands up into loops, while Maud's white-haired father stepped forth from his pew to lead his daughter the few remainng steps to be received by her bridegroom who was gazing at her as if he had beheld

sunset cloud. At home the breakfast table was scattered thickly with rosebuds, just tossed hither and thither, with no attempt at order in their arrangement, the idea being to make them look as if they had fallen in a shower from above. A long-stemmed bunch was tied to each chair by ribbons matching in hue, and baskets, from which trailed long garlands and showers of roses and buds, were hung in the doorways, at the windows and from every nook where the knotted ribbons might be fastened. When the baby maids took off their hats the little heads were crowned with blossoms, and at the reception which followed the home-coming, they stood clustered close to "their bride," as she stood beside her husband to receive the thousand good wishes of her friends.

Hetty Green on Divorce.

Baltimore American.

Mrs. Hetty Green is not usually considered a type of perfect womanliness, but unquestionably possesses a large amount of good, hard common sense. Having business before the New York Supreme Court the other day, she inquired why so many women were in attendance, and, being informed that it was divorce day, and that there were thirty-six cases on the calendar.

"This divorce business is a bad thing. The women never learn how to keep house, and begin to parade around. Then the men | stout, honest calico, and irreverently known begin to parade around, and then the begins which terminates in court." These blunt words seem to point to what may become a cancerous growth in the as to put the face of the wearer in a chron home life of the Nation. Never was there an age when greater latitude was given to women than at present. In America, espe- stage and bundled into the attic, making cially, their freedom is absolute. cially, their freedom is absolute. Those who are married choose their way of life and daily occupations almost as may those who are single. If they do not desire the care of a house the husband is willing to

That women can be good wives and mothers and still perform social duties and attend clubs no rational person questions. The trouble with some of them is that they cannot reach out without letting go. That some have a passion for "parading around"

a good, healthy tired, not the half-bewildered, dying-away feeling that comes from overapplication at sedentary work. prophet. If all the women married and raised families, who would take care of the children? A family without an "old maid aunt" is a rose garden without its per speaking of spinsters, what's the matter with Miss Marie Van Vorst?

Revival of the Sunbonnet.

an angel floating toward him from some New York Tribune. The revival of sunbonnets, which began last year, is to be renewed this season, it is said, and many an engaging trifle of frills and insertions and ribbons is being got ready against the days when the summer girl's active campaign begins. The mannish girl has had her sway. For some seasons past she held unquestioned sway, and the men's furnisher waxed rich on the ness independence with downright needed proceeds from her toggery. Collars, cuffs, cuff links, ties, hats, waistcoats, hose-

> she did not lay violent hands on. But people have rather tired of the athletic girl-the girl who was athletic and nothing else, that is. Good fellow as she was, jolly as men found her to golf and ride with, she was a chum, not queen of their hearts. With her muscular arms bared to the elbow, her tanned face and towsled locks, she developed a splendid physique and an abounding health, which swim and golf and play basketball, too, just as she can dance and flirt and play bridge, but the grace and the daintiness that seem so essentially feminine remain

there were few accessories of man's attire

hers. the same genius as the queer old Noah's Arks of sunbonnets worn years ago by all maids and matrons, constructed out of as "pokes." The primitive use of the sunbonnet was to shade the eyes and preserve the complexion. It did both so effectually ic state of semi-eclipse. Nobody minded much when it finally was laughed off the way for generations of toques, capotes and

If the sunbonet girl is skilled with he needle, she buys a frame and covers it herself. With a deft touch here, a pat there, bunk in a flat; if housekeeping in a flat | a twist in another place, she lays on the becomes too onerous, he submits to the dis- airy frills, the puffings and shirrings. Then comforts of boarding. He is uncomplain- she puts a spray of rosebuds at a coqueting and generous to a fault, take him as a tish angle, and, finally, two dainty streamers, to be tied or left fluttering at the sides, as the mood may dictate.

For the tramp over the links or for long, lazy hours on the sand, the sunbonnet takes another and hardly less seductive form-all white, of a stuff called dimity, and so fashioned that the cover can be is undeniable, and in cases which are only taken on and off the frame. It may even

THE FASHIONABLE WHITE.

Lillian Bell, in Booklover's Magazine. I have decided that you are to be school teachers and that there are to be four of you; but these suggestions I am about to offer are put forth in the humblest spirit, and are so far removed from directions that it may ease your mind to disregard them altogether as things you are sure to hate. My sister always asks my opinion on everythe up-to-date sunbonnet accentuated My sister always asks my opinion on every-charmingly. The sunbonnet lassie can thing. She says that it helps here to decide, because I am always wrong.

First be careful in selecting your com panions. I have seen more pretty than plain school teachers, but I should advise you to select plain ones as traveling companions. Pretty girls are charming in America, where their inevitable coquetries are understood, but in southern Germany you will be traveling where Americans least abound and where the smallest ham-let is likely to be infested with German officers. The pretty American girl can no more help trying to attract attention than she can help breathing. What are her eyelashes so long for, if not to glance upward through? She has been told, but she has forgotten, that to treat foreigners as she treats her own men-slaves is to invite impertinences and ridicule, if not insult, and her mind is too pure to accept the situation as it really exists. Therefore, leave your pretty girls at nome, unless there is a man in your party who is quick in sword play.

Smart Touches for Summer Girls. Woman's Home Companion.

There is a dainty new chain for the summer girl to wear with her collarless waist. It is made of narrow ribbon and tiny artificial flowers, and is worn in the same way as the bead chains. Narrow pink velvet ribbon caught here and there with a tiny spray of blue forget-me-nots makes an extremely pretty chain, and pale yellow velvet ribbon with single purple violets in place of the forget-me-nots is also charming. Black velvet ribbon and small white daisies would also look well. Though this floral chain is the easiest thing possible to make, yet it does add a decidedly fetching charm to a summer gown. Wider ribbon treated in the same way makes a pretty trimming to head the flounce of a skirt. Cuffs are back in fashion again, and they are seen in all sorts of pretty, new designs. But few stiff linen cuffs are worn. To wear with a white shirtwaist there are smart-looking cuffs of white linen embroidered in colors in a rather large conventional design. They fasten with a big button-merely a big pearl button may be used, or one of the very elaborate buttons which are so much the fashion. A hand-painted porcelain button is pretty for this purpose. Cuffs of Mexican drawn work are the mode, and lace cuffs treated in a variety of ways.

New Ethics of Hospitality.

New York Tribune.

In fashionable life the ethics of hospitality and the consideration which guests owe to their host and hostess have been so greatly modified that one wonders where the new ideas will lead to and whether in the end there will be any mutual obligation at all, such entire independence being the order of the day at present. A few years ago it seemed rather odd to old-fashioned notions that invitations to dinner and other outside functions should be eccepted independently by both host and hostess, and that an invited guest could be left at home without rudeness to eat a solitary dinner, if he or she did not happen to be invited out. But now still fur-ther latitude is permissible, and it really seems as if it could go no further.

"You know Mrs. M. was not at home when I visited her," said a girl who had been off on a week's end house party. "What do you mean?" queried her com-

"Why," answered the other, "she had an invitation that she wanted to accept, so she went off and left us to take care of ourselves. Her mother was there, we were chaperoned all right and it was really more fun than if she had been at home.'

The Fashionable Menu.

New York Times.

That luncheon and dinner menus have changed very much is evident if one only studies the different menus of the year. The clam and the oyster are in disgrace. Oysters on the half shell, without which dinners, and sometimes luncheons, formerly never began, are now seldom seen. If grapefruit is not used, the first course is bouillon. At the Vanderbilt-Neilson wedding this rule was followed. After the buillon came broiled eggs and truffles, which are delicious when served very hot Then one meat course proper was filet with fresh mushrooms-canned mushrooms should never be used-then asparagus-always cold-and an aspic of chicken or chicken or plate in aspic, and the inevitable Virginia ham with the salad. An ice and conbons complete such a bill of fare. Very few people give more than six courses The idea is that the very best things in market should be served, and those only.

Masculine Jab.

Chicago Post. Women are supposed to know more about keeping clean house than men, but if one observes the part our fair sisters play in littering up the streets the conclusion will be reached that they limit their efforts to their homes.

Odds and Ends.

Here is what is said to be a trick worth all the others for keeping shoestrings tied: Rub a little wax up and down your bootlaces and they will stay tied. Try it. To remove a white mark left on a polished oak table it is recommended to hold a hot fron a little above the mark, then withdraw for a minute, hold in position again when the wood has cooled, and repeat the opera-

tion until the mark has disappeared Nut sandwiches are proper for school lunch baskets, if the precaution be taken to chop or pound the nuts very thoroughly, Children as a rule neglect to chew them as they should. Pound almonds, pecans or peanuts in a mortar, mix with sweet cream and fill small glass jars, with covers. A jar slipped into a luncheon basket, to be eaten with bread and butter, will be ap-

preciated. Has a little hole appeared in the bottom of your best porcelain-lined or agate saucepan? Don't throw it away-the saucepan, that is-but just take one of those roundheaded paper clips, such as stenographers, lawyers and teachers use to keep sheets of manuscript together with; push the two ends through the hole, bend them back flat against the outside, hammer the head down

flat upon the inside-and there you are! A milk shake for a delicate child or invalid can be made by pouring half a tumbler of milk, together with an unbeaten egg, into a Mason jar. Sweeten, add a dash of sherry or a little nutmeg or a few drops of vanilla and a pinch of salt. Screw on the top tightly and shake up and down vigorously. All the ingredients should be ice cold. The white of egg only may be used, instead of the whole egg, and a little crushed ice may be added before shaking.

An inviting punch formula comes from Boston. Put one cupful of grated pineapple with a pint of water and cook fifteen minutes. Strain through cheese cloth and add another pint of water, a syrup made by boiling two cups of sugar ten minutes, half a cupful or freshly made tea, the juice of three oranges and three lemons, one cup of grape juice, and two and a half quarts of water. Put in a punch bowl with large lump of ice. The pale violet color of this punch is part of its charm.

From the Boston Cooking School comes a recipe for corn timbales which may be made from left-over cold corn, fresh or canned. Chop the corn fine, season with salt and pepper, and add two eggs slightly beaten, one and one-half teaspoo melter butter, and a pint of scalded milk. This is really a custard, and should there-fore be handled delicately. Pour the mixture into buttered timbale irons, set them in a pan of hot water in a slow oven unti firm. Turn out on a hot platter and sen



SAMPLE SUMMER DRESS-UPS.

whole gown made from white embroi- | ing shoulder effect. And in this it would be dered flouncings. All-over embroidered admirable provided the shoulders inside it gowns and waists are to be numerous, some | were suited to such frank outlining of their of them so elaborate and elegant as to be | true lines. fairly staggering. One illustrative model to be reversing the ordinary order of things | new and pretty garnitures. Oriental, Hunto trim all-over with plain linen, but it is garian, Indian and Bulgarian trimmings being done. And in some cloth and lace and | differ very little in general effect, though to say which is trimming and which is others. They are beautiful on heavy white goods, for silk folds are put on lace flounces | weaves of linen and linen etamine. A proof and lace sleeves put in silk waists till it is | of this was a gown of white linen etamine,

daring things are done. appears in the center of the front and back | trimming, but it is very bright decorawith four or five side-pleats under the box | tion.

The most ambitious attempt to gain a new waist and skirt of the all-over trimmed for lack of the desired sort of trimmings, with let-in V's of the plain linen. It seems | for any good store's stock includes a host of silk and lace gowns it is a difficult matter some of them employ more colors than do

confusing to tell which predominates. The the skirt trimmed with two flounces each general effect is what is sought after, and | headed with Oriental embroidery. The waist since usually it is hard to put lace of beau- | was in blouse and yoke effect gained by tiful pattern and silk of fine quality to- bands of the insertion reaching over the gether and not have a good effect, many | shoulders and ending at the bust, where they finished with tiny tassels combining The bolero jacket again is in decided fa- the colors of the embroidery. From the vor, and it appears in so many different | waist line other little bands of the embroiways that it sometimes is hard to recognize | dery extended up on the blouse, ending two it as a bolero. Many new ones have very | inches below the bust line, these two inches loose fronts, hardly any of them have col- constituting the entire plain part of the lars and they are very elaborately trimmed, | waist. If one does not desire quite so much for the most part. Often a wide box-pleat | bright color it is possible to put on less

to give greater fullness. Sometimes ribbon | Some canves cloth weaves are so coarse trimming edges the lower part of these bo- | that the shopper looks at them and thinks leros, and most of them are very short, of fish nets. They look bulky, too, though showing three inches above the waist line. really they are not. A favored manner of These extremely short ones are a deal pret- | decorating these goods is to weave a heavy tier than those seen a few years ago, where | floss of the color desired for trimming into they so narrowly missed the waist line that | the meshes of the goods. A model thus conyou wondered all the time whether they trived had side pleats in skirt and waist,

He for whom the world was made Cannot lift his heavy head. All its pretty curls puffed out, Burnt with fevers, parched with drought.

Stabs his mother's heart; dear Lord, Make him naughty, wild and gay, As he was but yesterday.

That he's troublesome and ill. He lies smiling with a fire By the wind of lever fanned Lord, his kisses on my hand!

Not this angel, like a sword In his mother's heart, dear Lord! -Katharine Tynan, in the Spectator,

shirred again at the waist line to give a belt effect. The sleeves are new, and include the soft drooping puffs with cuffs that are pointed at the inner seams. The skirt is cut in two portions, with a flounce

and a yoke. The flounce is finished with a

The waist is closed at the back and is | 44 inches wide.

Shirtwaist 4400.

stant repetition. The very charming gown

illustrated is shown in cream chiffon veil-

ing, with yoke and trimmings of white gui-

pure, but is adapted to all of the soft and

ites of fashion, and to color as well as to

shirred on continuous lines with the sleeves

to give the broad effect so much in vogue.

It is finished with a drop yoke of lace which

conceals the seams at the arm-eyes, and is

pliable materials which make such favor-

opinion. It is unquestionably true that oils | neglect of home duties. They forget what comes first; they do not reserve their best energies for home. Loose methods of housekeeping, of course, result from lack of interest, uncomfortable conditions are a consequence, and home is no longer attractive to the

Defense of the Spinster. Robert J. Burdette.

Miss Marie Van Vorst, a popular writer, has been declaring that no spinster ever amounted to much.

"Tell me," she exclaims, "where you will

find an old maid in the history of the world who achieved distinction. Jeanne d'Arc is the only unmarried woman, to my knowl- any of the conventional resources. edge, whose deeds are historic.' The gifted author had better quit writing so much and read a little more. Jeanne d'Arc is not so lonesome in the world of spinster achievement as all that. What is want made clean without damages or disthe matter with Queen Elizabeth, Helen Gould, Florence Nightingale, Sister Dora, Grace Darling, Clara Barton, Susan Anthony. Frances Willard, to say nothing of Jephthah's daughter and the Queen of Sheba? Is President Carey Thomas a nobody? Is Jane Addams doing nothing? Talk about "race sulcide," Jeanne d'Arc's sole mission in life was to destroy families of men as fast as other people could raise them. But other spinsters, while of course

large familles of their own, have been and are famed for taking care of the families of "Race suicide!" Did you ever know an stress and stepmother to all the children

they haven't been renowned for raising

She serves teachers, architects, physicians, anybody that wants her, and people with wares or papers in their offices that they turbance are glad of her help. Beginning with only two or three clients on her list, she now has as many as she can attend to

and often plies her task at night. She carries her working uniform and implements about her. Her wide apron and sweeping cap, sleeve protectors, dusting cloths and brushes are rolled up snugly in a traveler's bag. Brooms she tucks away

of a designer of fine embroideries and table pieces are among her charges. Another scene of her activity is a photographer's studio. Sometimes she gets in an assistant, "Race suicide!" Did you ever know an a young woman in the same category as old maid who wasn't nurse, teacher, seam- herself, trained to clerical employment, but glad of the chance to do work of another

group of tucks at its lower edge, and both Indianapolis, Ind. Allow one week for return of pattern. it and the two portions of the skirt are too numerous, outside pleasures result in | get drenched with water and mud, and the very next day reappear, crisper, more beguiling than ever. Such a bonnet as this 'goes" with almost any gown-any type of face. And it is so easy to make, and so becoming, too. No matter how the hair may be "done," it nestles down easily upon it. In fact, it is puite satisfactory in every husband. In thousands of divorce cases way. this story is repeated. It forms a subject An Office Houseworker.

Shirred Flounce Skirt 4398.

plain is preferred.

ings are made. In the case of the model the

yoke is covered with lace, but it can be left

The quatity of material required for the

mdium size is, for walst, 41/4 yards21, 33/4

yards 27, 3 yards 32, or 21/4 yards 44 inches

wide, with & yard of all-over lace; for

skirt, 10% yards 27, 81/2 yards 32, or 61/2 yards

The waist pattern 4400 is cut in sizes for

The skirt pattern 4398 is cut in sizes for a

PATTERN COUPON

For patterns of the two garments illus-

Cut out illustration and inclose it in letter.

Write your name and address distinctly and

Pattern Dept., The Journal,

state number and size wanted. Address

trated above send 10 cents for each (coin or

a 32, 34, 36, 38 and 40-inch bust measure.

22, 24, 26, 28 and 30-inch waist measure.

The prevalence of white makes so marked | shirred at their upper edges where the join-

One young woman has declared herself in favor of manual labor, and is making headway as an independent office cleaner and furnisher. Failing eyesight caused her to relinquish her vocation of bookkeeping, and, being courageous, she resolved to strike out in a new field for herself rather than try

A fine milliner's showroom and the office